

THE MEMORANDUM OF UNDERSTANDING (MOU)

is made and entered into
on ...~~1st~~..... Day of March 2019 by and between the

Pragjyotish College
Santipur, Guwahati -9
(First Party)

And

Ms. Bijoy Laxmi Baruah
D/o R.K. Baruah
H/o – 01, P.O. – Kharghuli, Near Nejoti
Guwahati – 4 (Assam)
(Second Party)

The Memorandum of Understanding (MOU) is to stimulate and facilitate the physical and mental health of the students and staff of Pragjyotish College through inclusion of Yoga as an extracurricular activity in the college and the appointment of Ms. Bijoy Laxmi Baruah as Yoga instructor.

SCOPE AND MODALITIES:

- 1) Yoga will be considered as an important extracurricular activity of the college.
- 2) The Yoga instructor will be included as a special member in the *Health Awareness and Promotion Committee* of the college.
- 3) The Instructor will be attached to the Primary Health Centre of the college.
- 4) Motivational programs will be organized by the Instructor for the day and hostel borders.
- 5) The Instructor has to submit status report every month to the IQAC Coordinator.
- 6) One Seminar on Yoga will be organized by the Instructor in every semester.
- 7) The Instructor will take up yoga classes twice a week in the school adopted by the college, in the fringe areas of the college as well as in schools located in the adopted villages.
- 8) Yoga Classes will be conducted in the college on a regular basis.
- 9) Required infrastructure and financial support will be provided by the college for holding classes and seminars.
- 10) The Yoga Instructor will receive an honorarium from the college.

Bijoy Laxmi Baruah

Ms. Bijoy Laxmi Baruah
D/o R.K. Baruah
H/o – 01, P.O. – Kharghuli, Near Nejoti
Guwahati – 4 (Assam)

Manoj Kumar Mahanta

Dr. Manoj Kumar Mahanta
Principal
Pragjyotish College
Guwahati - 9

Principal
Pragjyotish College
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